## Golf

### Why try Golf?

Golf is a self-governing sport, it inspires integrity and develops social skills when playing in a mixed age environment. It works all areas of your body, helping with flexibility and fitness. Golf is a sport for life!



#### Who can do it?

The Golf programme is available to all who take their golf seriously and wish to develop their game in a school environment. The programme allows all age groups and abilities to mix together. This year, 27 pupils have represented Millfield in matches. We play in all National School tournaments and our fixture list includes Bedford School, Wellington College, Loretto, Beaconsfield and East Devon. Those who are less serious about their golf, or wish to try it, can choose golf as part of the Millfield Activity Programme or arrange private golf lessons, which are available to all pupils. Golf is offered in Year 9 as a weekly club during the autumn and summer terms.



## Highlights from 2018-19

- England U18 Mimi Rhodes
- Wales U18 Tom Peet
- GB&I Junior Vagliano Team & England U16 - Patience Rhodes
- Wales U16 & Wales Girls European Team - Harriet Lockley

# Looking forward to 2019-20

- Desert Springs and Millfield European Schools Team Championships 2020
- New Indoor Golf Centre to continue taking the Golf Programme forward and be leaders in schools' golf

**Director of Golf**: Karen Nicholls Email: nicholls.k@millfieldschool.com Coaches: Karen Nicholls, Stuart Wells



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#### High performance

The Golf programme provides a professional platform for pupils to take their golf to a higher level whilst undertaking academic studies. The full-time programme provides a minimum of 15 hours supervised tuition a week, including video analysis, long and short game development, and on course observation and fitness. All tuition is provided by Millfield PGA golf professionals, Karen Nicholls and Stuart Wells. Support is given to all throughout the Millfield experience.



## Success stories and future stars

The Golf programme continues to develop individuals at all levels and ages. This is highlighted by some of Millfield Golf's achievements; HMC National Foursomes winners 11 times in the last 18 years, ISGA winners, European Schools winners 2016 and 2017, England Girls U18 Champion, English Schools Girls U18 Champion, and several England U16/U18 Internationals.



William was a Millfield Prep pupil before joining Millfield in 2015. William has seen the benefit of having golf as part of his timetable.

"Millfield has improved my golf swing as well as my attitude and approach to the game. The coaching, practice facilities and the top courses we play have significantly reduced my handicap and enables me to represent both Millfield and Sussex County."