## RUGBY

### DISCOVER BRILLIANCE

### **DIRECTOR OF RUGBY**

#### John Mallett

Email - mallett.j@millfieldschool.com



John is a former professional rugby player. He represented Bath and England during his playing career. He is a Level 4 RFU coach and has 18 years coaching experience at Millfield. John is also a physical education teacher and Millfield group tutor. He has previously spent 11 years as a Millfield Housemaster. As Director of Rugby John has direct responsibility for all age groups and leads the coaching team delivery across the rugby training and fixture programmes.

### **HIGHLIGHTS**

- St Joseph's Festival Winners 2021
- Unbeaten 1st XV season 2021
- 14 Premiership U18 Rugby Academy players
- 35 Junior Premiership Rugby Academy players
- 4 US university rugby scholars
- Current Old Millfieldian professional players;

Huw Jones (Harlequins) Rhys Ruddock (Leinster) Josh Bayliss (Bath) Freddie Clarke (Gloucester) Callum Sheedy (Bristol) Sam Nixon (Exeter) Adam Hastings (Gloucester) Rhys Davies (Ospreys) Gabriel Oghre (Wasps) Will Joseph (London Irish) Jonathan Joseph (Bath) Henry Thomas (Montpellier) Mako Vunipola (Saracens) Ewan Richards (Bath) Tom Ellis (Bath) Chris Cook (Zebre)

## **SUCCESS STORIES**



Callum Sheedy

OM, sixth form rugby scholar, Bristol Bears & Wales International.



Josh Bayliss

OM, Bath Rugby & Scotland International.



Sam Harris

National ranked tennis player, academic scholar, 1stXV & VII player, Bath Rugby Academy & represented England U18.



Lia Green

Millfield Football girls' captain, rugby 1stVII player & US university rugby scholar.

BE AUTHENTIC BE BRILLIANT BE CURIOUS BE DISRUPTORS BE KIND



# RUGBY

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### THE PROGRAMME

#### WHAT TO EXPECT

- **1. School Rugby Players.** From Year 9 to sixth form, boys and girls can follow a one or two term rugby programme to suit their development and to complement a multisport approach. This includes a competitive programme of fixtures, regular team coaching sessions and athletic development support.
- 2. Aspiring Rugby Players. From Year 10 to sixth form, boys can follow a full-time rugby programme. This includes regular competitive fixtures over the first and second term. The on field coaching programme incorporates regular training sessions (3 to 4 per week) delivering a mix of individual development and team strategy. A comprehensive, coach supported athletic development programme forms a key component of allowing each individual to discover their potential. Year 9 students are expected to follow the game of the term programme and as such will play rugby 7s alongside hockey or football in term two.
- **3. Academy Rugby Players.** Similar to Premiership Rugby Academies, Millfield provides a fully integrated rugby opportunity to support the individual needs of our students. We work closely with academy coaches to ensure playing and development opportunities are available.



The Millfield Rugby journey should be a memorable, challenging and fulfilling experience for all rugby players, with coaches ensuring students are immersed in the game's core values. This includes learning the value of teamwork and gaining experience in competition, whether winning or losing. Competition for a place in the team and competition to win are important elements of player development and bring many benefits. Players work hard to achieve selection, enjoy playing matches and represent their school with pride. A broad schedule of 15 a side, 7 a side and Touch Rugby fixtures, tournaments, tours and pre-season camps are all part of the opportunities Millfield Rugby delivers.





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Millfield School, Street Somerset, BA16 0YD www.millfieldschool.com

